



# Breakfast

## MEATS

Bacon, Beef Steak, Chicken, Ham, Sausage Patties,  
Sausage Links, Fried Catfish Fillets (+1.00), Corned  
Beef Hash, Turkey Sausage Links \*

## SIDES

Scrambled Eggs, Grits, Tater Bar, Choice of Bread

## PLATES

1 meat & 1 side..... 2.50  
1 meat & 2 sides..... 3.50  
1 meat & 3 sides..... 4.25

## SIDE PLATES (no meat)

2 sides..... 2.50  
3 sides..... 3.50  
4 sides..... 4.25

## EXTRAS

Gravy ..... .60  
Cheese..... .60  
Biscuit & Gravy..... 2.00  
Eggs..... 8 oz. .... 1.50 16 oz. .... 3.00  
Grits..... 8 oz. .... 1.50 16 oz. .... 3.00  
Gravy..... 8 oz. .... 1.50 16 oz. .... 3.00

## SANDWICHES

	Meat Only	Meat+ Egg OR Cheese	Meat+ Egg AND Cheese	Egg Only	Egg+ Cheese
Jumbo Biscuit	1.80	2.20	2.60	1.50	1.90
Toast	2.15	2.65	3.15	1.50	2.00
Bagel	3.00	3.50	4.00	1.79	2.29

## SINGLE MEATS

Bacon ..... .50/strip  
Sausage (patty or link) ..... .90  
Ham..... 1.25  
Small Ham......75  
Beef patty..... 1.25  
Chicken patty..... 1.25  
Corned Beef Hash (8 oz.)..... 2.50  
Fried Catfish Fillet ..... 1.25  
Turkey Sausage Links \*..... .50 each

## TATERS

Tater Bar......75

## BREADS

Jumbo Biscuit (butter, jelly) ..... 1.00  
Cinnamon Biscuit..... 1.00  
Muffin (blueberry, cranberry, banana nut)..... 1.85  
Toast (butter, jelly). .... .80  
Bagel (cream cheese add .25)..... 1.29

## DRINKS

Milk..... 1.50  
Coffee......1.59  
Tea, Lemonade.....1.25 ♥ / 1.79  
Bottled Drinks ..... 1.50  
Juices......1.70

## SUNDAY BRUNCH \*

(Southwood location only)

Adults .....12.95  
Children 10 years and under.....\$7.99

## CALL AHEAD ON LARGE ORDERS

Dozen Jumbo Biscuits ..... 10.00  
Dozen Cinnamon Biscuits ..... 12.00  
Eggs, Grits, & Meats also available..... *call for prices*

Southwood Location Only = \*

Sales tax not included

Full-Service Catering Available

DBPR License # 4703195

South Monroe at Henry's Meats  
1812 South Monroe Street  
Tallahassee, FL 32301  
Phone: 850.224.7090 or  
850.224.1739  
Hours: M - F, 6:30 a.m. - 3:00 p.m.



Southwood Location  
3196 Merchants Row Blvd  
Tallahassee, FL 32311  
Phone: 850.692.3491 or  
850.692.3492  
Hours: M - Sat., 7:00 a.m. - 3:00 p.m.  
Sunday Brunch, 7:00 a.m. - 1:00 p.m.



**MEATS**

**SIDES**

**MONDAY**

Fried Pork Chop  
 Hearty Beef Stew  
 Fried Chicken  
 Baked Fish  
 Breast & Wing (add .60)  
 Fried Livers & Gizzards

Mashed Potatoes, Rice, Dry Lima Beans,  
 Turnip Greens, Corn, Salad, Slaw, Brown Rice \*,  
 Peach Cobbler

**TUESDAY**

Oxtails (add 1.50)  
 Chicken & Dumplings  
 Smothered Hamburger Steak  
 Country Sausage

Mashed Potatoes, Rice, Mac & Cheese, Fried  
 Okra, Black-eyed Peas, Fresh Collards, Salad, Slaw,  
 Brown Rice \*, Banana Pudding

**WEDNESDAY**

Chitterlings (add 1.50) ♥  
 Baked Chicken  
 Fried Chicken  
 Breast & Wing (add .60)  
 Liver & Onions  
 Smothered Pork Chops

Rice, Sweet Potato Soufflé, Green Beans, Fresh  
 Collards, Cornbread Dressing, Slaw, Salad, Brown  
 Rice \*, Corn Pudding

**THURSDAY**

BBQ Ribs (add 1.50)  
 BBQ Chicken  
 Fried Catfish Fillets (add 1.25)  
 Chicken & Rice

Yellow Rice, Cabbage, Field Peas, Baked Beans,  
 Slaw, Cheese Grits, Potato Salad, Salad,  
 Hush Puppies, Brown Rice \*, Peach Cobbler

**FRIDAY**

Meatloaf  
 Oxtails (add 1.50)  
 Fried Mullet ♥  
 Fried Chicken  
 Breast & Wing (add .60)  
 Fried Livers & Gizzards  
 Smothered Shrimp (add 1.50) \*

Mashed Potatoes, Rice, Lima Beans, Okra,  
 Corn & Tomatoes, Slaw, Fresh Collards,  
 Parmesan Cheese Grits, Salad, Brown Rice \*,  
 Peach Cobbler

**SATURDAY \***

Chef's Choice

Chef's Choice

(Southwood location)

**Our meats and vegetables are made fresh each day and come from our own store. Daily menu may vary.**

South Monroe Location Only = ♥

Southwood Location Only = \*

**PLATES**

1 meat & 1 side..... 4.50  
 1 meat & 2 sides..... 6.00  
 1 meat & 3 sides.....7.00

**VEGETABLE PLATES**

2 sides ..... 3.00  
 3 sides ..... 4.00  
 4 sides ..... 5.00  
 8 oz. veggie .....1.75  
 16 oz. veggie ..... 3.25

**SALADS**

Side Salad ..... 2.50  
 Large Garden Salad ..... 4.00  
 Chef Salad..... 5.00

(dressings: ranch, thousand island, or golden Italian)

**CHILI (October - March)**

Homemade Chili 8 oz. .... 2.00 16 oz. .... 3.50

**BREADS**

Cornbread, Biscuit or Roll ..... .50

**DESERTS**

Cobbler/ Pudding 8 oz. .... 1.50 16 oz. .... 3.00  
 Cake ..... price varies

**DRINKS**

Tea or Lemonade .....1.25 ♥ / 1.79  
 Milk, Bottled Drinks..... 1.50  
 Juices.....1.70  
 Fountain Drinks \* .....1.79  
 Cup of water or ice ..... .30  
 Bag of ice ..... 1.25

**Sales tax not included**

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